

READING



CAROL'S APPLE CAKE

Carol baked an apple cake yesterday, but she couldn't follow all the instructions in her cookbook because she didn't have enough of the ingredients. She used less flour and fewer eggs than the recipe required. She also used less butter, fewer apples, fewer raisins, and less sugar than she was supposed to. As a result, Carol's apple cake didn't taste very good. As a matter of fact, it tasted terrible!



PAUL'S BEEF STEW

Paul cooked beef stew yesterday, but he couldn't follow all the instructions in his cookbook because he didn't have enough of the ingredients. He used less meat and fewer tomatoes than the recipe required. He also used fewer potatoes, less salt, less pepper, and fewer onions than he was supposed to. As a result, Paul's beef stew didn't taste very good. As a matter of fact, it tasted awful!

✓ READING CHECK-UP

WHAT'S THE WORD?

Steve and Judy built* their own house last year, but they couldn't follow the blueprints exactly because they didn't have enough money to buy all the construction materials they needed. They used _____¹ wood and _____² nails than the blueprints required. They also used _____³ cement, _____⁴ pipes, _____⁵ electrical wiring, and _____⁶ bricks than they were supposed to. As a result, their house didn't last very long. As a matter of fact, it fell down last week!

* build – built



They Must Lose Some Weight

mustn't
(must not)

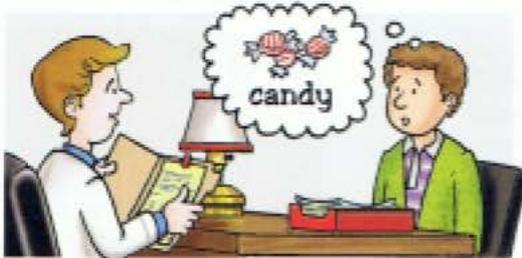
don't
doesn't } have to



- A. I had my yearly checkup today.
 B. What did the doctor say?
 A. He said I'm a little too heavy and I must lose some weight.
 B. Do you have to stop eating ice cream?
 A. No. I don't have to stop eating ice cream. But I mustn't eat as much ice cream as I did before.



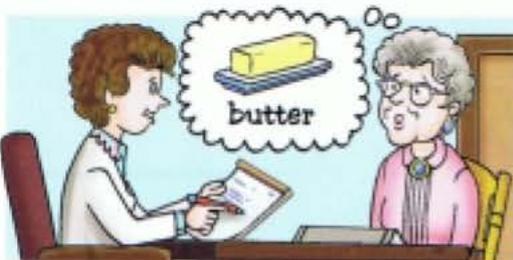
- A. Grandpa had his yearly checkup today.
 B. What did the doctor say?
 A. She said he's a little too heavy and he must lose some weight.
 B. Does he have to stop eating cookies?
 A. No. He doesn't have to stop eating cookies. But he mustn't eat as many cookies as he did before.



1. I had my yearly checkup today.



2. Billy had his yearly checkup today.



3. Grandma had her yearly checkup today.

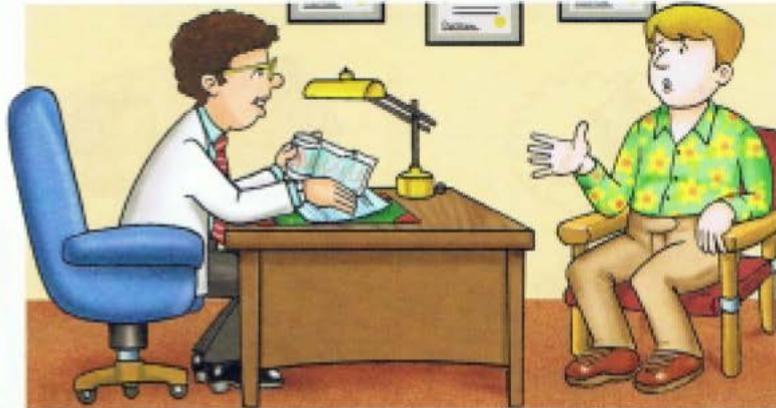


4. Rover had his yearly checkup today.

Really, Doctor?

should

must



- A. I'm really worried about your heart.
- B. Really, Doctor? Should I stop eating rich desserts?
- A. Mr. Jones! You **MUST** stop eating rich desserts! If you don't, you're going to have serious problems with your heart some day.

- A. I'm really worried about your _____.
- B. Really, Doctor? Should I _____?
- A. (Mr/Miss/Mrs./Ms.) _____! You **MUST** _____! If you don't, you're going to have serious problems with your _____ some day.



1. *knees*
stop jogging



2. *back*
start doing exercises



3. *stomach*
stop eating spicy foods



4. *blood pressure*
take life a little easier



5. *hearing*
stop listening to loud rock music



6.

How to Say It!

Asking for Advice

- A. *I have a cold.* { What should I do?
Do you have any advice?
Do you have any suggestions?
- B. *I think you should drink some hot tea.*



Practice the conversations on this page, using these expressions for asking for advice.

INTERACTIONS

HOME REMEDIES

Different people have different remedies for medical problems that aren't very serious. For example, people do different things when they burn a finger.



Some people rub butter on their finger.



Other people put a piece of ice on their finger.



Other people put their finger under cold water.

Practice conversations with other students. Ask for advice about these medical problems, and give advice about "home remedies" you know.

I have a cold.



I have a toothache.



I have a stomachache.



I have a bloody nose.



I have the hiccups.



PRONUNCIATION *Must & Mustn't*

Listen. Then say it.

I **must** eat more fruit.

He **must** eat fewer cookies.

You **mustn't** eat cake.

They **mustn't** eat ice cream.

Say it. Then listen.

We **must** eat less cheese.

She **must** eat more vegetables.

I **mustn't** eat butter.

They **mustn't** eat potato chips.



There are a lot of rules in daily life—things you must do and things you mustn't do. Think about the rules in **YOUR** life—at school, on the job, in your home, and in your community. Write about these rules in your journal.



CHAPTER SUMMARY

GRAMMAR

MUST

I	must work.
He	
She	
It	
We	
You	
They	

I	mustn't eat candy.
He	
She	
It	
We	
You	
They	

MUSTN'T VS. DON'T HAVE TO

I **don't have to** stop eating cookies.
But I **mustn't** eat as many cookies as I did before.

MUST VS. SHOULD

Should I stop eating rich desserts?
You **must** stop eating rich desserts.

COUNT/NON-COUNT NOUNS: NON-COUNT

He must eat	more less	bread, fish, meat.
-------------	--------------	--------------------------

COUNT

He must eat	more fewer	cookies, potatoes, eggs.
-------------	---------------	--------------------------------

KEY VOCABULARY

MEDICAL CHECKUP

blood pressure	height
blood test	lab technician
cardiogram	measure
checkup	neck
chest X-ray	nose
doctor	nurse
ears	scale
eyes	stethoscope
examination	throat
health	weight
heart	X-ray technician

FOODS

apples	fish	nuts	tomatoes
bread	flour	onions	vegetables
butter	french fries	pepper	water
cake	fruit	potato chips	yogurt
candy	grapefruit	potatoes	
cheese	green	raisins	fatty meat
cookies	vegetables	rice	lean meat
desserts	ice cream	salt	
dog biscuits	margarine	skim milk	
eggs	meat	sugar	